

## SEPTEMBER 2015 CLIENT REVIEWS

### **(121) Client Review (*Quoted in full*):**

I have MS, and I am in a wheelchair. My husband had recently (3months ago) undergone a hernia operation. I was very keen to experience my first colonic, and my husband wanted to support me, and join me in also having a treatment.

We contacted WLC because we live near Northolt and after reading many positive reviews. We decided to take advantage of the current discounted offer for couples.

We telephoned Julia, who explained the procedure to us, and also told us that it was too soon after my husband's operation to have a colonic, however, he could have a enema which would be 'just as good'. Julia sent us a medical questionnaire by email, which we both filled in, and returned before our visit.

On the morning of the treatments, we arrived in good time. We had been told that we could park in the drive, which was close to the treatment room. Julia came out to the car to greet us, and made us feel very welcome.

My husband pushed me in my wheelchair, while Julia lead the way. The treatment room was clean and had an adjoining toilet and changing area.

My husband was first. Julia took a detailed and comprehensive history before he was asked to change into the gown provided, and then get on the treatment couch. I was able to see the tube that was being inserted, and it really was much smaller than I had imagined. The water pressure used during enema was much less pressurized than the hydrated colonic, however, it was still very effective.

We could see everything that was coming out of his colon, and Julia explained what everything was. It was a bit like 'the generation game' as items passed by your eyes that were once the contents of your colon. After his enema, He went to the toilet for a final bowel movement, and then came out with a smile on his face, which he still has 5 days later.

I was next. Julia discussed my medical history/questionnaire with me. Because of my mobility problems it was more difficult to get me on the couch, but we managed with a small wooden step, and everyone 'mucking in'. Julia was very concerned that I was comfortable at all

times, an kept talking the whole time, so there was little or no embarrassment.

The insertion of the tube was not painful, just uncomfortable. Once I was able to see the contents of my colon floating away through a glass tube, I became more concerned about was I was going to see next! After the colonic, I had a bowel movement, followed by a great sense of well-being.

My husband and I are converts, and will be having more colonic/enemas in the future.

Julia is very knowledgeable, caring, gentle and professional - What she don't know about the colon and bowel movements is not worth knowing. Netball-Chick, visited Sept 2015

**(121) e-mail Client Review (*Quoted in full*):**

Dear Julia,  
Thank you for all the information that you sent to us.

Thank you also for making our first experience of 'Colonics' was a positive one. We felt that your care, attention and knowledge was excellent, and couldn't fault your service. We fully intend to continue having colonics at your clinic.

M and I feel that once a month would be beneficial to us both. We will be in touch about booking our next session for October soon.

M... & C....., Visited Sep2015