

What our clients have said

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JULY 2014

(59) After many years of considering a colonic I searched for a local centre and was lucky enough to come across Julia at West London Colonics. Julia was reassuring, informative and friendly from the moment we spoke on the telephone, offering guidance even before the first session.

The clean, warm and relaxing treatment room is ideal and no sense of awkwardness was felt. I found the treatment quite amazing and uplifting, to be rid of such an amount of old waste matter can only be beneficial. I am looking forward to my third treatment this month.

Toni.

toni1161: visited June/ July 2014 continuing.

WLC Comment on feedback

Thank you Toni, for your generous spirited review.

Importantly you are speaking exactly to the concerns of readers who may be considering treatments. Issues such as: What will the therapist be like? What are the facilities like? Will it feel awkward? What will the treatment feel like? Will it be likely to benefit ?...

I look forward to seeing you later this month.

Best

Julia

(58) I went to West London colonic centre for my first time and highly recommend it to anyone who do care about own souls and inner world, in order to keep our body fit and healthy as our body is a house for our soul.

All my family members doing colonics with Julia, she is amazing and very professional.

My lovely people on this planet, trust me it is worse try it once then you will see that it can't be wrong!

Just remember always do something to prevent illness and do not wait until it is too late...

Love everyone and everything around you, yourself and be happy!

Julia thank you very much for letting be to all my family and i in a good hand like yours!

Much love

Tulya Tatjana

Tulya108, visited March 2014 – July 2014, continuing. Reviewed July 2014.

WLC Comment on feedback

There are some wonderful elements in Tulya (Tatjana) feedback, which I would like to comment on & bring out.

Firstly, she has been an archetype for strong feminine, 'mother' energy protective of

her family and their health. Her husband, mother, daughter have all had treatments with me and benefitted. She came to me as a first-time client, and so did the rest of her family. It's truly been a privilege to work with all of them.

Secondly, she is unafraid to declare that 'Mind –Body–Spirit' are one integrated unit. Not separate. I love that she writes openly about the 'soul, inner world and love' as a healing agent.

Thirdly her invitation to fellow-readers is heartfelt " My lovely people on this planet": what a beautiful way to put it. She hints at the fact inaction (non action) is going yield worse results. And that giving it (colonic treatments) a fair trial will satisfy most people that, rather than being an alien procedure, "it can't be wrong". Obviously Tatjana is speaking from direct experience, both as a newcomer to these treatments and now as a relatively seasoned user of it. She also has the subjective experience of the rest of her family to call upon. All of whom have had more than one treatment.

Next, Tatjana is proactive; she's focused on good health as the objective for herself and her family. Her point of view is: Act before you fall ill –ideally. [I have written an article on this theme called " Waiting for an ambulance at the bottom of the cliff vs. building a strong fence at the top of the cliff". If you'd like an e-copy of it , contact me. info@westlondoncolonics.com]

Finally, she writes movingly about Love. There's more than enough qualitative research to show that there is a mysterious alchemy in the therapist/ client relationship, something more than technical skill. It amounts to this, I think. Look for 'kindliness, compassion, a feeling of well-wishing' in your health support team. It does make a difference. Research shows this, and even if it didn't – who would you rather have as your therapist? Someone who cares, or someone just going through the motions? [BTW, I don't mean to imply any criticism of my fellow colon hydrotherapy colleagues- I have great affection and respect for them.]

Some words to Tatjana and her family:

Thank you for the privilege of supporting your family and you. I always feel I learn so much from the challenges that my clients bear with so much grace, and the opportunities they take to use their challenges as stepping stones into their future. It's definitely that case with you. Thank you for your Wisdom-teaching. I will see F and you in just under 2 weeks time.

Much Love
Julia

(57) I have been thinking about having Colonic therapy for years, without plucking up the courage to actually do it. I was too nervous and also apprehensive about where to go or who to have it done by. I am so fussy about the cleanliness of my environment and only chose West London Colonics after reading reviews on here.

I can honestly say that I still can't believe how comfortable I am made to feel that I sometimes forget I am having Colonic treatment! The place is really clean and quiet (away from the public). The advice is great and I feel in safe hands! Definitely value for money!

In terms of the results, after having 2/3 treatments I started to see a difference in my body - notably my face. My skin looked nice and fresh! Would definitely

recommend giving this a try at the very least.

Saiduck; visited April / May 2014. Reviewed July 2014

Comment by WestLondonColonics:

Hi Sairah,

Many thanks for your generous-spirited review. I really do appreciate it. It always is helpful when reviews are written firstly in terms of the persons experience; and secondly in terms of what an interested reader would want to read about. Your review hits the mark solidly on both criteria. You mentioned that reading the reviews here was a deciding factor in you selecting WLC for your first experience of the treatments, and I appreciate you "Paying it forward" by outlining your own experience for those new to colonics.

I also hope that you found the process of writing up a review at least somewhat valuable in codifying your own experience with treatments so far.

All the best

Julia

Comment by WestLondonColonics:

As a general comment, I am glad that Saiduck has publicly said what many of my clients have privately said to me, i.e. that they hummed & hawed , to-ed & fro-ed, and generally skirted around Colon hydrotherapy before taking the plunge. And who can blame them? It is an unusual treatment (albeit with a lot of ancient health wisdom associated with it).

Once folk have had at treatment, they often comment: "I wish I done this sooner!" "I don't know what i was worried about" and sentiments along similar lines.

But- initially it is unknown territory, and there's no one to seek guidance from except those who know the terrain. And ironically thats not me! Of course I could stand around all day saying (metaphorically): "Come in , the water is lovely "and people would rightly be somewhat sceptical. After all I have a vested interest!

The people that know the terrain & who are credible are earlier clients. Saiduck commented she was "apprehensive about where to go or who to have it done by". Well , earlier clients have 'been there and done that ' - their reported experiences are relevant.

That's why I invite ALL WLC clients to review their experience with us. Client reviews, provided there are enough of them, and they come from the full spectrum of our client population really are the best guides that those thinking of having treatments can refer to.

Whilst WLC generally get good reviews , they are not all 5 stars. In fact whilst we of course like 5 stars ,we'd much rather get a detailed, substantial 4* or 3 * review than a bland 5* . Its more important to us that clients who review WLC do so in a spirit of being well wishers and cheerleaders for future possible users of the treatment. A spirit I have referred to as 'Paying it Forward'.

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(56) E mail from client 30-6-14 /1-7-14: Dear julia, I have just spent over an hour trying over and over at least 10 times to register (on Wahanda), log in without success. I just can't deal with these passwords, etc. I'm totally stressed out and have given up, so am sending you my review via email separately. I think the problem is more to do with me and computers not getting on - rather than the site You have

my permission to post my review anonymously -without my details. :**Ang-Ang (not real name)**.

Directly quoted Review of WLC:

"I discovered Andreas Moritz's ener-chi.com web-site where he describes a holistic approach to taking responsibility for one's health, and in particular - the AMAZING LIVER AND GALLBLADDER FLUSH -which has to be done in conjunction with colonics before and after each flush. After some research I found the WLC reviews from clients very helpful in making my choice of clinic and I liked the way Julia took the time to respond to every reviewer. I was nervous about having the colonics but Julia was reassuring and her warm, positive personality put me at ease. After the initial appointment she recommended a course of 10 sessions. She is very professional and takes pride and care in what she does and I would absolutely recommend her to anyone wanting to do colon hydrotherapy." **Ang-Ang (not real name); Multiple visits April- July 2014 (continuing client)**

June ← → August