FEBRUARY 2015 CLIENT REVIEWS

(88) Client Review (Quoted in full):

"A very pleasant experience, my first and not my last I have booked three more treatments at West London Colonics.

I would recommend the abdominal massage to everyone, it really relaxed me before the colonic irrigation." Ruth: Visited February 2015

Comments by West London Colonics

Ruth booked our D1 detox package (3 colonics), and is thinking of moving on to the D2 package next (5 sessions, incl one complimentary implant).

Her first 2 treatments were within a week of each other, however her system has responded so well that the 3rd will be undertaken after 3 1/2 weeks. (The interval between treatments is determined by how quickly the eliminative system responds).

(87) Client *Review (Quoted in full):*

"Julia was lovely! It was my first time having Colon Hydrotherapy today and was a lot more relaxed and comfortable than I'd first imagined. Cozy bathroom too! =)"

morgan; Visited February 2015

(86) Client *Review (Quoted in full)*

"Pleasantly surprised!!!

I came for a Colonic Hydrotherapy session. Julia is very welcoming & friendly and her little 'room' at the bottom of her garden is rather charming. You don't have the feeling that you're in some formal clinic, with a receptionist and a waiting area!!

She appears to know her stuff (which helps!) & explains the procedure from start to finish.

Whilst some may find it unappealing to actually see the 'bad stuff' that comes out of your body, I found it therapeutic as I felt the toxins flush away!!

I am a petite 42yr & my weight for years has been around 7st 3. Over the past year or so, I have felt bloated and seen my weight rise to around the 7st 5 mark. Not a lot some of you may think but for my build it is and I can feel it!!

I am not 'regular' in my bathroom activities, even though I have a healthy, balanced diet. I walk a lot, gave up meat nearly 3yrs ago (because its cruel) & am generally active. As this has always been a bit of a problem, I have had one or two colonics several years ago. I knew it was time for another...

I scoured the internet for deals as the sessions can be costly.

I came across West London Colonics and called her straight away as I had a free day. Fortunately for me she could fit me in the next morning & she offered an attractive intro offer...

I read her reviews and felt it was worth a go - and it was!!!

To my delight, since the session almost 3wks ago my weight is back to 7st 3.5, I have been taking Probiotic pills three times a day also & have been going more or less to the loo every morning.

Such a relief!! I will be going back for another session just to sustain this. If you're thinking of going, do it.

I actually enjoyed it, especially now the results are so positive... Good luck!!!" **Pixibee**; Visited February 2015

(85) Client *Review (Quoted in full):*

"I first visited West London Colonics in December 2012 when the practice was based in Alperton and have continued as a client after the relocation to new premises in Northolt because the service is outstanding!

My most recent treatment was yesterday as I wanted to kick start a healthy living regime and undo some of the excesses of the Christmas period and a stressful few months at work.

Julia is a wonderful practitioner, she always puts me at ease at all stages of the treatment and is happy to answer any questions about the treatment and ways that I can improve my health and support the goals of the treatment.

I am always exceptionally happy with the results of the treatment, my skin looks fresher and brighter within a few hours and I have the most wonderful feeling of total well being afterwards.

The clinic opening hours are really convenient for someone that works full time and the location is fantastic - very private and discreet (with a lovely picturesque 10 minute walk from the nearest tube station!)

There are several package options available which are well worth exploring to save a bit of money, I have signed up for one of the Detox Packages (5 sessions) and have complete flexibility in how frequently I schedule the appointments.

I also love the fact that even though I have booked a package, I am at liberty to customise each treatment with optional extras such as abdominal massage, herbs or additional time if needed etc (nb. there is an additional charge for these extras).

I will certainly be recommending West London Colonics to all my friends and family, I don't think the treatment can get better than this!"

dasha82; First Visit to WLC December 2012; Most recent Visit& date of review February 2015

