

## Coffee & probiotic implants

### What is an Implant?

If you have been around colon hydrotherapy a little, you will have come across this term. Possibly it is assumed you know what it is, but its good to provide an explanation.

An implant is a small amount of concentrated liquid solution inserted into the colon through the rectum. The solution is retained a certain amount of time, a few minutes or sometimes even overnight (however long the body allows it to remain in the colon). The solution can be probiotic, wheatgrass, herbal concoctions, coffee, magnesium, herbal oils or other nutritive combinations.

The effect and benefits are far more potent than ingesting orally, because the chosen nutrients do not have to travel through the entire digestive tract to be absorbed into the body.

Whatever is inserted into the colon will be directly absorbed into your muscle tissues, veins and nervous system.

Special situations would be for patients who have debilitated liver or degenerated digestive tract. In these instances, obtaining nourishment through colon implants is more immediate.

### Nil by mouth

This sub title gets explained as you read further.

Coffee enemas (or implant), and Probiotic implant have wide usage both in self-administered enemas & in colon hydrotherapy treatments.

At West London Colonics, they are amongst our staple implants.

When a **coffee enema** is retained in the colon for about 10 -15 minutes, the enzymes in the coffee are absorbed through the veins attached to the colon walls. These enzymes are transported directly to the liver, causing the liver's portal vein to dilate, the bile ducts to expand, and the bile flow to increase. This action increases enzymatic production and aids in flushing toxic bile from the body.

• A coffee implant in the colon helps to remove toxins from the liver quickly and safely. They often relieve headache, or eliminate spasms and pain. We use raw green organic or lightly roasted black coffee to maximize the benefits of enzymes in the less highly processed coffee. (It's not just the caffeine that's the active element). Caffeine intake per mouth isn't advisable for a variety of reasons, but taken the other way it's helpful.

Who would have thought it?

**Probiotic** solution implant: This is our default implant. Using an implant allows more effective access for probiotics into the colon than oral ingestion. For the probiotic bacteria (good bacteria) the hydrochloric acid in the stomach and high acidity in the digestive system is perilous terrain indeed. Many of them will not survive the journey to the colon via mouth. Hence nil per mouth. Most of us are not eating a flora rich diet, and pretty much everyone can use extra help that implants give.

There is a sequence in colon hydrotherapy. It is important to first clear the colon before the implants procedure. Obviously, you do not want any toxins to hitch hike to your organs, nor do you want to recycle your toxins.

## **Some more on probiotics**

Simply put, probiotics are friendly bacteria, or naturally cultured flora that is necessary to keep the digestive tract and immune system functioning properly. The healthy human digestive tract contains about 400 types of microorganisms that reduce the growth of harmful bacteria and promote a healthy, balanced digestive system.

Every day the good, beneficial bacteria in the digestive tract are killed by stress, poor diet, caffeine, alcohol, antibiotics, over-the-counter or prescription medications, chlorinated water, fluoride in the toothpaste, herbicide in the food, and toxic chemicals in the environment. Probiotics are naturally found in the human body and are safe and effective for even young children. Daily intake of an oral Probiotic is highly recommended as a supplement, as well as an implant in the colon as necessary. In brief, the benefits of Probiotic are as follows:

- Probiotic supports healthy immune function.
- Probiotic supports digestion and absorption of nutrients.
- Probiotic may assist in relieving occasional diarrhea, constipation, gas and bloating.
- Probiotic supports healthy mucosal membrane immune barrier.
- Probiotic supports healthy intestinal wall.
- Probiotic supports healthy urinary tract function, especially in women.
- Probiotic promotes regularity of bowel function.
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### **Probiotics and antibiotics**

One can use Probiotics to prevent diarrhea caused by antibiotics. Antibiotics kill good bacteria along with the bad bacteria that cause illness. Taking Probiotic supplements orally or as colon implants may help replace the lost beneficial bacteria and thus help prevent diarrhea or any other bowel problems. A decrease in beneficial bacteria may also lead to the development of other infections, such as vaginal yeast and candida, intestinal inflammation, or even leaky gut syndrome.

In taking probiotics, it is wise to select the appropriate one, since scientific research on the specific beneficial qualities is ongoing.

### **Dietary probiotics**

The best general-purpose implant will involve eating daily healthy, flora rich food such as onions, asparagus, artichokes and garlic, wheatgrass, or a lot of green food.

### **Note:**

*This information is not intended to diagnose, treat, cure or prevent any disease. It is shared as information from a holistic perspective, and the subjective experience of laypersons interested in health & wellbeing, not from a medical or clinical perspective.*

*I (Julia Rhodes) am not a medical practitioner.*