

Coffee Implants (Or Nil Per Mouth)

The coffee enema is primarily for the health of the liver, not the health of the colon.

At WLC, the use of a coffee implant occurs only when the indications are right. Our view is that its best implemented when the focus is on detoxification (as in following a cleanse, or to support different eating plan) **and** after the colon is relatively clean following a short (or longer) series of colon hydrotherapy treatments.

It is indicated when the body is engaged in processing more toxins than its used to (e.g. during a cleanse), when the liver function itself is sluggish, when toxins have backed up into the skin (causing skin irritation/ diseases/ flare-ups)

The coffee infusion is caffeinated, being typically black organic ground coffee, prepared for 15 minutes, with the addition of high potency green coffee extract.

The hypothesis for its functional attributes is as follows. The caffeine, theophylline and theobromine synergistically stimulate the relaxation of smooth muscles and dilatating blood vessels and bile ducts. This improves their functionality. The green coffee extract is chockfull of antioxidants.

(Ground Organic unroasted green coffee may be used if therapeutically indicated; this is much more expensive to buy, and requires longer processing time, to extract its active enzymes)

Enzymes in coffee, known as palmitates, have a friendly affinity towards the liver, thereby improving its functional ability carry away the toxins in bile acid.

The coffee is absorbed into the hemorrhoidal vein and then taken up to the liver by the portal vein. With the bile ducts dilated, bile carries toxins away into the gastro-intestinal tract. Simultaneously, peristaltic activity is encouraged, so when the colon is evacuated, the toxins and bile are carried out of the body.

The liver benefits by being left less toxic. Meaning there is less chance of healing reactions. Meaning also it is freed up to process more incoming toxic materials that have accumulated in the organs, tissues and bloodstream.

Some alkaloids in coffee also stimulate the production of enzymes used by the liver to power its detox pathways.

So in not so many words, naturopathic usage of coffee (*Nil Per Mouth*) is held to speed up the detoxification process and minimize the backlog of toxin overload

Note:

This information is not intended to diagnose, treat, cure or prevent any disease. It is shared as information from a holistic perspective, and the subjective experience of laypersons interested in health & wellbeing, not from a medical or clinical perspective.

I (Julia Rhodes) am not a medical practitioner.

