

April 2014

[\(back to summary\)](#)

I was a first timer to colonics, apprehensive, hesitant, somewhat influenced by negative comments about the procedure I had read *BUT* wanted to Judge the experience for myself.

About Julia: I knew straight away I was in good hands, when she called me post-booking, with treatment particulars, very knowledgeable, and such a calming voice.

About the Treatment: it is conducted in a purpose built area and felt like I was in a spa, very professional. It was relaxing, soothing and a great experience. So very different from my fears of embarrassment. I've already booked my next appointment and am looking forward to it so much! Book one now!!!

I was quite apprehensive before talking to Julia and having the colonic. I've never had one before and feel like all you ever see in magazines and online is about negative experiences so I was a bit hesitant but wanted to experience it myself before I made a judgment.

Julia called me right after I had booked the appointment, to explain a bit about the treatment what to expect etc. She has the most calming voice and lots of knowledge I knew I was going to be in good hands for my treatment.

I'd like to point out that it is conducted from Julia's home but it's a purpose built area and felt like I was in a spa, very professional. I'm not going to go into miles of detail as Julia is the expert but it was so not what I was expecting. It was relaxing, soothing and a great experience. I thought I was going to feel horrible and embarrassed but its so far from the truth. I've already booked my next appointment and am looking forward to it so much!

All I can say is book one now!!!

- **Mandykk**; Visited April 2014

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